

DECISION-MAKER:	Southampton Health and Care Partnership Board
SUBJECT:	Southampton Health & Care Strategy – Annual Update
DATE OF DECISION:	15 December 2022
REPORT OF:	Cllr Fielker Cabinet Member for Health, Adults and Leisure

<u>CONTACT DETAILS</u>			
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STATEMENT OF CONFIDENTIALITY
NOT APPLICABLE
BRIEF SUMMARY
<p>In April 2020 the City Council and Southampton City Clinical Commissioning Group (now part of Hampshire & Isle of Wight Integrated Care Board (HIOW ICB)) published the Southampton City Health & Care Strategy 2020 - 2025.</p> <p>https://www.southampton.gov.uk/media/pksqbcmi/southampton-city-5-year-health-care-strategy-final-post-covid-tcm63-435823.pdf</p> <p>The strategy set out a vision for delivering A healthy city where everyone thrives” with key outcomes and actions outlined for the four stages of the life course:</p> <ul style="list-style-type: none"> - Start Well - Live Well - Age Well - Die Well <p>Running through the strategy are six goals:</p> <ul style="list-style-type: none"> - Reducing inequalities and addressing deprivation - Tackling the city’s biggest killers - Working with people to build resilient communities and live independently - Improving mental and emotional wellbeing - Improving earlier help, care and support - Improving joined-up, whole person care <p>These goals and priorities are in turn underpinned by enabling strategies relating to primary care, digital support, workforce and estates transformation.</p> <p>The purpose of this briefing is to provide an update on progress and performance to date, providing the backdrop to the recommendations presented at the November Health and Care Partnership Board for the remainder of 2022/23 and 2023/24, i.e. the</p>

7 priority areas for improvement and 11 commitments.	
RECOMMENDATIONS:	
	(i) The Southampton Health and Care Partnership Board are asked to note progress against the actions and outcomes set out in the Health & Care Strategy 2020-2025 and how this has informed the formation of the 7 priority areas for improvement and 11 commitments for the remainder of 2022/23 and 2023/24.
REASONS FOR REPORT RECOMMENDATIONS	
1.	The Southampton Health and Care Partnership board is responsible for overseeing the development and delivery of the Southampton Health and Care Strategy.
2.	In October 2021 officers from the Council and Clinical Commissioning Group (now part of the HIOW ICB) presented an update on progress regards to the delivery of the agreed objectives of the Health and Care Strategy. It has been agreed that there would be an annual progress report.
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED	
	Not Applicable
DETAIL (Including consultation carried out)	
3.	This report presents an overview on progress and performance to date against the original actions and priority outcomes set out in the Health & Care Strategy. Detail can be found in the presentation at Appendix 1.
4.	<p>It also provides further background which has informed the recommendations made to the November Health and Care Partnership Board for the 7 priority areas for improvement and 11 commitments proposed for the remainder of 2022/23 and 2023/24.</p> <p>Priority areas for improvement:</p> <ol style="list-style-type: none"> 1. Healthy Weight for all ages 2. Improved Mental health and Wellbeing for all ages 3. Improved outcomes in the Early Years 4. Better life chances for the most vulnerable 5. Reduce harm from tobacco, alcohol and drugs 6. Providing proactive integrated care/Early Intervention 7. Better End of life care and planning <p>Commitments:</p> <ol style="list-style-type: none"> 1. Targeting employment opportunities to care leavers, people with MH problems and learning disabilities & other marginalised groups 2. Purchasing more locally and for social benefit 3. Commitment to deliver a number of whole city campaigns, working with local communities 4. City wide sign up to Healthy Weight declaration 5. Smokefree NHS and Settings 6. Adoption of Health in all Policies (inc. housing, transport) 7. Healthy High Five and Healthy Early Years Award rolled out to all schools

	<p>8. City wide adoption of trauma informed practice</p> <p>9. Implementation of Population Health Management across the city</p> <p>10. Rolling out the One Team approach, including co-location of staff, in partnership with local communities</p> <p>11. Maximising the use of our collective public sector estate to promote the health and wellbeing of local communities</p>
5.	<p>Significant progress has been made in a number of areas with further developments planned. Key developments to date include:</p> <p><u>Start Well</u></p> <ul style="list-style-type: none"> • Launch of new locality based Young People’s Service Autumn 2022 • Development of SEND early help offer – roll out of parenting support into localities, Autism in Schools project extended to a further 10 schools (in addition to original 5) • Children’s Hospital at Home service went live Spring 2022: worked with 545 children from Apr-Oct-22 of which 92% continued to be managed in the community • Mental Health Support teams in schools established – covering 90% of city’s school population • Children’s psychiatric liaison service in hospital is fully operational weekdays 9am – 10pm, 9am – 5pm weekends. Under 10% of children they have seen have required admission to hospital • Multidisciplinary Teams around Schools – 3 pilots established <p><u>Live Well</u></p> <ul style="list-style-type: none"> • Cancer services showing continued delivery of Faster Diagnosis standard • Targeted Lung Health Check programme for earlier detection lung cancer (55–74 year olds) has invited 22,829 patients for lung health check, completed 7,791 and identified 132 lung cancers (76% stage 1). • New integrated Diabetes service launched in June 2022 in 3 PCN areas, and WISDOM programme further developed with primary care to improve Diabetes management • Additional equipment for early detection of Atrial Fibrillation provided to GPs. £11k additional funding secured to pilot Activate Your Heart online cardiac rehab training and also to expand the digital Heart Failure service • Increased sustainable housing options for people with Learning Disabilities • Achievement of ‘exemplary’ quality mark for Southampton Mental Health Individual Placement and Support Service (210 people reached). • Development of Southampton Mental Health Network and Southampton Mental Illness Lived Experience (SMILE) Network • Additional Mental Health support for Rough Sleepers • Gambling Harm Clinic launched in Southampton • Expansion of the ICS Wide Mental Health Rapid Response vehicle and dedicated Mental Health crisis care liaison lead in South Central Ambulance • New Suicide and Bereavement Support Service established • Increase in provision of Memory Cafes in the city and delivery of Dementia Navigation

	<ul style="list-style-type: none"> • Development of a second Lighthouse in Bitterne. <p><u>Age Well</u></p> <ul style="list-style-type: none"> • Extra Care housing scheme at Potters Court opened • Carers Strategy launched • Transformation of discharge process and roll out of Discharge to Assess • Establishment of community Health & Care Single Point of Access coordinating hospital discharge • Advice, support & workforce development to the social care market– including the roll out of care technology (Restore 2) and introduction of Trusted Assessors reducing delays in hospital discharge • Delivery of Virtual Ward service to approx 360 individual patients enabling additional capacity for earlier supported discharge and alternatives to admission. • Expanded Urgent Community Response service with 88% seen within 2 hours • Continued development of One Team/Integrated Care Teams with 4 out of 6 PCNs having a maturing approach in place. <p><u>Die Well</u></p> <ul style="list-style-type: none"> • 24/7 telephone helpline implemented for patients, their families and professionals providing a central point of contact • Offer of bereavement care extended beyond patients & families known to Mountbatten and bereavement support offer to all residential home staff • Virtual End of Life training available to all external providers and Six Steps education programme in residential and nursing homes • Hospice@Home service developed with Advanced Nurse Practitioners in place.
6.	<p>In terms of performance against key outcome indicators, it should be noted that the national data available for a lot of the metrics is one or two years behind; however there has been an improvement in a number of the indicators since the publication of the strategy at the start of 2020/2021:</p> <ul style="list-style-type: none"> • Breastfeeding prevalence at 6-8 weeks has increased and is 53.4% compared to national average of 49.3% • Teenage conception decreased overall at a faster rate than nationally over last 15 years, despite significantly higher than England in 2020 (2018 and 2019 was statistically similar) • Women smoking in pregnancy has reduced significantly to 9.7% which is only slightly higher than the national average of 9.1% • Bowel cancer screening has increased markedly and is at 61.8%, the national average being 65.2% • Homeless households in temporary accommodation has reduced to 1.6 per 1,000 compared to the national average of 4 • Hospital admissions related to injuries due to falls in people over 65 have reduced (although still significantly higher than England average and our peers) • Permanent admissions to residential care has been decreasing (but still significantly higher than England average and most of our comparators)

7.	<p>Owing to the national timeframes for publication of many of the indicators, it is difficult to make an accurate judgement on the impact of the Health & Care Strategy. This has been further complicated by the covid pandemic which has had a marked impact on need, particularly in terms of increasing deprivation, health inequalities and mental health problems. However, the data does demonstrate that Southampton faces a number of long standing, entrenched challenges. Particular indicators which have shown little improvement over the years include:</p> <ul style="list-style-type: none"> • Low birth weight – this has significantly increased from previous years and is now significantly higher than England average. • Excess weight in 4/5 years old and 10/11 year old children – this is higher than England average with a steeper overall increase • Children in relative low income families – this has increased over the last few years and is consistently significantly higher than England • Violent crime has been increasing and is significantly higher than the national average and the highest amongst our comparator authorities • Hospital admissions for children with mental health conditions – this has reduced but is still significantly higher than the England average and has been for some time • Rates of depression and anxiety in adults, whilst not very different to the national average, have been increasing • 16-17 year olds not in education, employment or training has been rising and is significantly higher than England average and worse than most of our comparators • Smoking prevalence – whilst this would appear to have reduced, it has consistently been a lot higher than the England average • Alcohol hospital admissions – the rate remains significantly higher than the England average and our comparators • Premature deaths from all causes has been significantly higher than the England average for some time • Hospital admissions related to falls in adults aged 65+, whilst improving, have remained significantly higher than the England average and our peers • Permanent admissions to residential care, whilst decreasing, have remained significantly higher than the England average and most of our comparators • Deaths from respiratory disease have continued to be significantly higher than England average and our comparators for some time
8.	<p>This has therefore prompted a revised approach (Slide 33 of the slide pack) to considering our priorities and objectives for the remainder of this year and 2023/24 as presented at the November Health and Care Partnership Board. A review was undertaken by the Better Care Steering Board during the Spring and Summer of 2022 and a number of key outcome areas identified where improvement has been difficult to affect. These 7 areas are listed in Paragraph 4. This then led to a root cause analysis to better understand what is impacting on our ability to make a difference in these areas. The key challenges were identified as:</p> <ul style="list-style-type: none"> - Increased poverty and deprivation

	<ul style="list-style-type: none"> - Lifestyle choices - Entrenched inequalities in the population - A lack of sufficient focus on joined up early intervention and proactive support
9.	An assessment of these challenges and how partners working together at place can make a difference has led to the 11 commitments also identified in Paragraph 4. Work is ongoing to fully scope and develop action plans for each of the 11 commitments (as shown in slides 34-45) .
10.	This does not mean that we are no longer progressing the existing workstreams (as shown in slides 50-54) but it does provide a focus for a partnership approach.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue</u>	
11.	Not applicable
<u>Property/Other</u>	
12.	Not applicable
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	
13.	
14.	
<u>Other Legal Implications:</u>	
15.	
16.	
CONFLICT OF INTEREST IMPLICATIONS	
17.	None
RISK MANAGEMENT IMPLICATIONS	
18.	None
POLICY FRAMEWORK IMPLICATIONS	
19.	<p>The Southampton Health & Care Strategy makes up part of the Council's Policy Framework plans and also has particular synergies with the following:</p> <ul style="list-style-type: none"> - Southampton City Council Corporate Plan 2022/30 – the Health & Care Strategy supports all priorities within the Corporate Plan but particularly: strong foundations for life, a proud and resilient city, a prosperous city - Southampton City Strategy 2015 – 2025 – the Health & Care Strategy has particular relevance for achievement of the goals around Healthier and safer communities but also contributes to goals related to Skills and Employment - Health and Wellbeing Strategy 2017 – 2025 – the Health & Care Strategy directly supports achievement of the Health and Wellbeing Strategy goals to help people in Southampton live active, safe and independent lives, managing their own health and wellbeing; reducing

	inequalities in health outcomes; making Southampton a healthy place to live and work and improving people's health experience as a result of high quality, integrated services.
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KEY DECISION?	No
WARDS/COMMUNITIES AFFECTED:	
<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	Southampton City Five Year Health and Care Strategy 2020 – 2025: Progress Update November 2022 – Slide deck
2.	

Documents In Members' Rooms

1.	None
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out.	No
Privacy Impact Assessment	
Do the implications/subject of the report require a Privacy Impact Assessment (PIA) to be carried out.	No
Other Background Documents	
Other Background documents available for inspection at:	
Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	None
2.	